

How you can help

☐ YES! I/WE WOULD LIKE TO SUPPORT THE CREATIVE EXPRESSIONS CLASSES AT EL CAMINO HOSPITAL. A tax-deductible contribution is enclosed in the amount of:

☐ \$500 ☐ \$250 ☐ \$100 ☐ \$50 ☐ Other \$ _____

NAME(S) _____

ADDRESS _____

CITY/STATE/ZIP _____

DAYTIME PHONE _____

E-MAIL _____

Method of payment

☐ Check enclosed (*payable to El Camino Hospital Foundation*)

☐ MasterCard ☐ Visa ☐ American Express

ACCT. _____ EXP. _____

SIGNATURE _____

Dedication

☐ This gift is in honor of _____

☐ This gift is in memory of _____

Please send acknowledgement to _____

Please clip and mail to:

Creative Expressions | El Camino Hospital Foundation
2500 Grant Road | Mountain View, CA 94040

For information about El Camino Hospital Foundation call 650.940.7154 or go to the Web site www.elcaminohospital.org/foundation.



“Art washes
away from the
soul the debris
of everyday life.”
—Pablo Picasso



Creative Expressions

PAINTING CLASSES FOR CANCER PATIENTS & HEART AND VASCULAR PATIENTS



Imagine all we can do together.

THE CAMPAIGN FOR EL CAMINO HOSPITAL



El Camino Hospital Foundation
THE HOSPITAL OF SILICON VALLEY

Creative Expressions

"Many of us didn't even know we had that artful, creative side and it has brought new meaning and relaxation into our lives during a stressful situation." — CREATIVE EXPRESSIONS STUDENT



CLASS INFORMATION

Day and Time:

FOR CANCER PATIENTS

Every Tuesday, 5:30 p.m. to 7:30 p.m.

Every Wednesday, 9:30 a.m. to 11:30 a.m.

FOR HEART AND VASCULAR PATIENTS

1st Wednesday of every month, 5:30 p.m. to 7:30 p.m.

Location:

El Camino Hospital, Park Pavilion, YMCA

2400 Grant Road, Room K, lower level

Parking is available in the YMCA lot

Instructor: Tehila Eisenstat

To register or for more information, please call 800.216.5556. Cancer patients can also call the Cancer Center at 650.988.8338 and heart and vascular patients can call the Heart and Vascular Institute at 650.962.4580. The class is free of charge and supplies are included.



"To paint is to love again, live again, see again..."
– Henry Miller

Artistic method

Tehila Eisenstat is an experienced teacher who demonstrates painting techniques in a supportive, non-judgmental atmosphere. She gives each student individual attention and encourages each of them to seek their own passion and style.

THE CREATION OF ART can be a life-affirming, healing experience. So El Camino Hospital offers Creative Expressions, a program of painting classes for cancer, heart and vascular patients, established and run by professional artist and teacher Tehila Eisenstat. Participants in these classes learn to create paintings with vibrant acrylic paints that are less toxic than oils but have the same luscious feel, and work with colors and shapes to create depth and movement in their paintings. Cancer, heart and vascular patients with all levels of painting experience are welcome.

"PAINTING GIVES ME JOY, USING THE COLORS OF NATURE AND LIGHT TO CREATE A MOOD AND CAPTURE THE MYSTERY AND DRAMA I SEE."
—TEHILA EISENSTAT

